## Dr. D.Y.Patil Arts, Commerce & Science College, Pimpri, Pune Department of Psychology Counselling Cell 2020-2021 Report

Title of the Activity: Counselling .

**Where:** Department of Psychology, Dr. D.Y.Patil Arts, Commerce & Science College, Pimpri.

**Description:** The Department of Psychology organizes different activities every year. This year also, we have conducted different psychological tests and counselling sessions our students and staff members. Psychological tests on aptitude, personality, attitude, intelligence, anxiety issues and on conflicting thoughts are usually conducted. Minor issues like family problems, academic problem, adjustment problems, problems related to marriage, parenting issues and career guidance were resolved in counselling sessions. We have conducted online sessions during COVID pandemic. Issues like fear of uncertainty, anxiety, death of near and dear ones were usually resolved. Dr. Gauri Kadam, the head of the department and the in-charge of the counselling cell guides for all the activities. Many students and staffs have benefited by it.