Dr. D.Y.Patil Arts, Commerce & Science College, Pimpri, Pune
Department of Psychology
Counselling Cell
2021-2022
Report

Title of the Activity: Counselling.

Where: Department of Psychology, Dr. D.Y.Patil Arts, Commerce & Science College, Pimpri.

Description: This year, Department of Psychology have conducted different psychological tests and counselling sessions its students and staff members. Some of the topics of psychological tests were aptitude, personality, attitude, intelligence, anxiety issues and conflicting thoughts. Minor issues like family problems, academic problem, adjustment problems, problems related to marriage, parenting issues and career guidance were resolved in counselling sessions. We have conducted both online and offline sessions. Issues like anxiety due to shift from online to offline examination, adjustment to new-normal world were most common. Dr. Gauri Kadam, the head of the department and the in-charge of the counselling cell guided for all the activities. Many students and staffs have benefited by it.