Dr. D. Y. Patil Unitech Society's Dr. D. Y. Patil ACS COLLEGE PIMPRI, PUNE

NCC DAY CELEBRATION PROGRAMME

Date: - 28/11/2022

Introduction:

National Cadets Crops (NCC) day is celebrated every year on the fourth Sunday in the month of November. Likewise, the 75th NCC day is being celebrated this year on November 27. The NCC was formed on 16th July 1948. However, the NCC day is observed throughout the country, on the fourth Sunday of November, because it was on that day in 1947 that the first units raised in Delhi. The first Prime Minister of India, Pandit Jawahar Lal Nehru presided over the function of raising the first NCC Unit at Delhi on the last Sunday of Nov 1948. This day is traditionally celebrated as the 'NCC Day'.

Programme Description:

On 27th of November 2022 to commemorate the NCC Day celebrations, the NCC Cadets of DYP ACS College, Pune carried out various activities under the guidance of ANO Dr. D.H Mane. The NCC day will be observed on Last Sunday of November every year. DYP ACS College, Pune NCC Unit was celebrated on 27th November 2022. Various activities during the whole day to aware the masses in particular and society in general regarding various topics like Cleanliness and Health, Nutrition, Naturopathy, Healthy Ageing etc..

Inauguration of NCC Day:

As observed in different parts of India, 75th National Cadet Corps (NCC) Day was observed by NCC Troop of DYP ACS College, Pune. The observance function was attended by Dr. D.H Mane, Delivering the welcome address, explained the true essence of observing the day, which is to inculcate strong moral character, spirit of patriotism, social service, discipline, and solid work ethics to the younger generations. Delivering the Keynote address he explained the importance of NCC for youth generation and Vote of Activities undertaken on the occasion of NCC Day-2022.

Activity 1: 3 KM Fit India Run:

A ruse organized on Fit India Movement to create awareness to our students who are future of our country to be physically and mentally fit. Run started in the morning at 07:00 A.M from College ground and covered about 3 kms in the college campus till 8:00 A.M. Students gave Slogans like Healthy mind in a healthy body, Fight for Fitness, Live life, Love Fitness etc. to be physically fit and Forever Fit, Forever Strong.

Activity 2: Swachh Bharat Abhiyan:

The Swachh Bharat Abhiyan was organized in the morning at 8.00 A.M at college campus. The cleanliness drive was started. All cadets actively participated in the Programme. The entire campus and nearby areas was cleaned by all the cadets, collected waste (plastic, cloths, cans, bottles, etc.) in the village was handed over the to waste collection point of this village.

Activity 3: Tree Plantation:

Cadets, NCC Programme and assistant Officer planted various types of saplings like neem, tulsi, jasmine and different types of ferns. The plantation was especially done at college garden. Laid emphasis on the importance of trees and plants. They encouraged cadets to plant a tree on their birthday. Also motivated cadets while sharing that planting a sapling yields many benefits like — it recharged ground water, prevented soil erosion and made homes for many birds. The NCC Programme Officer of the college, Shubham Srikant Ghule (asst. ANO officer), also appreciated the efforts made by cadets to save the mother earth.

Activity 4: Seminar on Nutrition & Healthy Ageing:

Naturopathic treatment is a distinct, comprehensive system of healthcare emphasizing the use of natural therapeutics in health promotion and disease prevention. In recent times, there is a great awareness among the people about the efficiency and utility of Yoga and Nature Cure. Looking at the importance of this and the need to create awareness, a seminar on the topic "Nutrition, Naturopathy & Healthy Ageing". The objective of the Seminar was to educate and motivate the youth generation to bring necessary changes in their lifestyle by adopting natural ways by Dr. Mane enlightened everyone with the advantages of Naturopathy. He said that a little effort from us will help us to

lead a healthy life. Remedies of all sorts of physical ailments are available in our home. We only need to be educated and aware on their usage. Adding to it, he said that the access use of white sugar and salt in our day-to-day life results in fluctuation in Blood Pressure. We should limit their usage. He informed on the proper usage of spices for healthy living. He also told some healthy living methods etc.

Activity 5: Awareness rally on Cleanliness & Hygiene:

A colourful rally was also organized by the cadets of NCC in which the various slogans were raised to create awareness about "Cleanliness and Hygiene". Swachhta Awareness messages were posted on the school notice board and photographs were displayed in the school.

Attended: Total cadets 33 out of which 22 are SD and 11 are SW.

Conclusion:

The NCC troop of DYP ACS College, Pimpri, PUNE observed NCC day on 27 NOV 22 wherein a lot of activities were carried out by cadets to Stress the significance of NCC as an organisation in empowering the youth of our State. The day started off with 3 KM Fit India run by all the cadets of the College and conclude by awareness rally on "Cleanliness & Hygiene" under the leadership of ANO officer. Overall, the entire events had received wide public attention and the NCC unit of the college has been able to highlight the relevance and significance of NCC in shaping the lives of the young generation.

РНОТО







